
students who initially screened positive for risky drinking, most explored options for change during the intervention and, of these, most committed to try to make these changes. **Recent evaluations revealed a statistically significant finding with respect to the outcomes observed among students' drinking behaviors. Specifically, fewer students reported a Rutgers Alcohol Problem Index (RAPI) score of "1" or more, meaning they reported experiencing fewer negative consequences related to their drinking.** Recent evaluations also show that there as a 6% decrease in the number of students who reported using alcohol. Additionally, there was a 32% decrease in the number of students who reported drinking more than 1 or 2 drinks when they did drink alcohol. Overall, results consistently show that SBI is achieving positive results.

Background

Texans for Safe and Drug-Free Youth began working with college campuses to implement Screening and Brief Intervention in 2010. The first implementation was funded by one of nine initial grants awarded by the U.S. Department of Education for Statewide Coalitions to Prevent and Reduce Alcohol Abuse at Institutions of Higher Education. Texans for Safe and Drug-Free Youth continued implementation and enhanced the evaluation with funding from a Substance Abuse and Mental Health Services Administration (SAMHSA) Service to Science award and subsequent mini-contract. **Now funded by a grant through the Texas Department of Transportation, Texans for Safe and Drug-Free Youth continues to implement and evaluate the program throughout the state.**

Roles and Responsibilities

Texans for Safe and Drug-Free Youth facilitates onsite stakeholder meetings with each campus to help obtain commitment and approval, then assists in navigating policies and protocols to implement SBI in a manner appropriate for each campus. Additionally, Texans for Safe and Drug-Free Youth provides SBI implementation training by SBI expert Dr. Craig Field, an SBI implementation toolkit, and evaluation materials. Technical assistance and support are provided on an ongoing basis, as needed, to all campuses via individual or group conference calls and webinars.

Campus partners are expected to participate in regular conference calls, trainings, and webinars.

Campuses are also responsible for recruiting students, faculty, and staff; implementing SBI; and collecting data at their event to be shared with Texans for Safe and Drug-Free Youth, Dr. Craig Field, and the evaluator.

Details About Campus Responsibilities and Estimated Timelines

- Coordinate and attend stakeholder meetings to gain campus support by first month.
- Schedule two-day SBI training, recruit faculty and staff to participate, and attend by second month.
- Submit plan for SBI implementation to Texans for Safe and Drug-Free Youth and Dr. Field for review by third month.
- Participate in conference calls with Texans for Safe and Drug-Free Youth, Dr. Field, and evaluator to discuss SBI project and share ideas with other campuses on an ongoing basis through third month.
- Participate in Texans for Safe and Drug-Free Youth SBI webinars on an ongoing basis through third month.
- Implement SBI event on your campus by third month.
- Submit data collected from SBI event and as appropriate for your campus implementation to evaluator immediately following SBI event.
- If campus elects to conduct an evaluation, assist evaluator in distributing and collecting follow-up survey six weeks after the SBI event.

For more information contact:

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Resources

¹ Goodwin, A., Kirley, B., Sandt, L., Hall, W., Thomas, L., O'Brien, N., & Summerlin, D. (2013). Countermeasures That Work: A Highway Safety Countermeasure Guide for State Highway Safety Offices, 2013 (No. DOT HS 811). ²

National Institutes of Health. (2002). A Call to Action: Changing the culture of drinking at US Colleges (NIH Publication No. 02-5010). National Institute on Alcohol and Alcohol Abuse, Task Force of the National Advisory Council on Alcohol Abuse and Alcoholism.



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