

# Prevention is Power.

## To Learn More

Contact us to see how you can  
implement SBI on your campus!

Tammy Peck | 512-442-7501

[TPeck@TxSDY.org](mailto:TPeck@TxSDY.org)

[TxSDY.org](http://TxSDY.org)

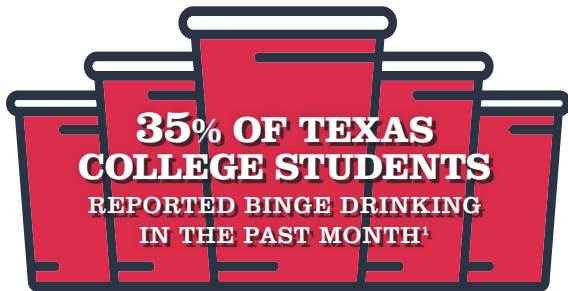


**TEXANS** FOR  
**SAFE AND**  
**DRUG-FREE**  
**YOUTH**

 **Save a Life™**  
Texas Department of Transportation



## Did you know?



of Texas college students used alcohol in the past month<sup>1</sup>



ALCOHOL CAN LEAD TO  
A **D**ECREASE IN ACADEMIC  
PER**F**ORMANCE<sup>1</sup>

**18% OF TEXAS COLLEGE STUDENTS DRIVE AFTER DRINKING AT LEAST ONCE PER MONTH<sup>1</sup>**



**37% of 18- to 24-year-olds**  
said that alcohol or drugs influenced their decision to do something sexual that they later regretted<sup>2</sup>



## SBI is key for prevention on college campuses.

Screening and Brief Intervention (SBI) for alcohol use is an evidence-based intervention to reduce risky drinking behaviors and related consequences.<sup>4</sup>

### How is this program unique?

What sets Texans for Safe and Drug-Free Youth's approach apart is that our Screening and Brief Intervention program with college campuses is a preventative measure. Most other SBI interventions follow an alcohol-related incident, injury, or violation of the law.

#### Campus Provides:

- Implementation plan and budget proposal
- Location space for two-day training for campus staff/faculty and volunteers
- Materials and resources for implementation
- SBI event promotions
- Campus and community support resources for students

#### Texans Standing Tall Provides:

- Up to \$5000 to cover implementation costs
- Two-day training with our staff and SBI professional
- Campus support and technical assistance
- Opportunities for sustainability

#### Tools and Resources:

- Toolkit
- On-site training

1. Texas A & M University Public Policy Research Institute. (2017). 2017 Texas Survey of Substance Use Among College Students. Texas Department of State Health Services.
2. National Research Council and Institute of Medicine. (2004). Reducing Underage Drinking: A Collective Responsibility, background papers.[CD-ROM]. Committee on Developing a Strategy to Reduce and Prevent Underage Drinking, Division of Behavioral and Social Sciences and Education. Washington, DC: The National Academies Press.
3. Busch-Armendariz, N. B., Wood, L., Sulley, et al. (2017). Cultivating learning and safe environments: An empirical study of prevalence and perceptions of sexual harassment, stalking, dating/domestic abuse and violence, and unwanted sexual contact – The University of Texas at Austin. Austin, TX: Institute on Domestic Violence & Sexual Assault, The University of Texas at Austin.
4. National Institutes of Health. (2002). A Call to Action: Changing the culture of drinking at US Colleges (NIH Publications No. 02-5010). National Institute on Alcohol and Alcohol Abuse, Task Force of the National Advisory Council on Alcohol Abuse and Alcoholism.