



TEXANS FOR
SAFE AND
DRUG-FREE
YOUTH



CONVERSATIONS WITH YOUR COLLEGE STUDENT

Even after they've left for college, staying involved in your child's life is one of the most important things you can do to help them stay safe and healthy. Here are some questions you can use to check in with them via text, email, FaceTime, Skype, or an even old-fashioned phone call!

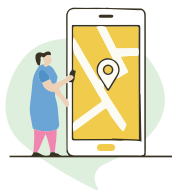
College Life

- Have you met any interesting people?
- Which class looks like it's going to be the hardest this semester?
- Do you have enough time to study?
- What role do you see alcohol playing in your college experience?
- Have you seen anyone skip classes because they're hungover?
- Do you know about your school's alcohol policy?



Parties

- Have you been to any parties since the semester started?
- Who are you going with?
- Have your friends been drinking? How do you decide if you'll drink?
- What will you do if you're at a party where there is only alcohol to drink?
- What will you say to your friends/do if you don't want to drink alcohol?
- Do you have a plan for what to do if you're at a party and don't feel safe?
- How would you handle caring for someone who is drunk or passed out?



Impaired Driving

- Who drives when you've been at parties where people are drinking?
- Do you have a plan for getting home with a sober driver?

Learn more at
TxSDY.org

 **Save a Life™**
Texas Department of Transportation

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